

Why do we keep asking for your story?

It is so easy to look at discipleship as a course or material that young Christians need to complete. It is more than that.

Brain and educational experts, Jesse Cruickshank and Jeb Schenck, say that too much instruction almost exclusively involves semantic memory. This is where we store facts and concepts. It is the easiest place to forget what we have 'learned'. There is a different type of memory called the 'autobiographic memory'. This is the memory of our life and experiences and is much easier to recall. If we can connect our learning to this part of our memory, it will have greater impact.ⁱ

We are not looking for complicated stories from you nor do we expect you to have previous experience in all that we discuss. But we do want you to pause and dig a bit. What is the closest part of your experience that relates to the topic (and it could be a negative experience). There is no right answer! It is a bridge that helps make a connection between following Jesus in theory and where you are on the ground. Your actual action step will be unique. It might be shown to you in steps. You probably will discover something as you process your story or even afterwards. Your subconscious will continue working with your story and will present new insights.

We will not judge or evaluate this story, but we will listen attentively looking for God patterns and reflect back to you any encouragement or guidance we may have to offer.

ⁱ Beyond Aha. Jessie Cruickshank & Jeb Schenck. Creating Deeper Understanding Through Experiences. Unpublished.